



STRICTLY CONFIDENTIAL

ESR Number: _____

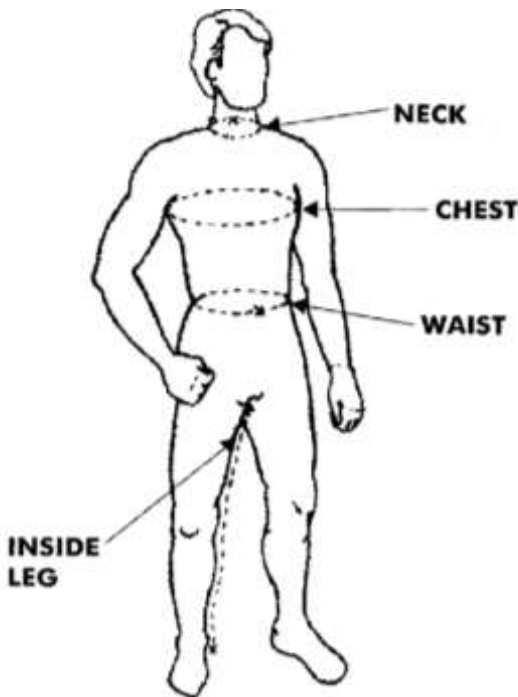
Forename: _____

Surname: _____

Station / Location / Department: _____

CHEST SIZE (Inches)	
TROUSERS WAIST (Inches)	
TROUSERS INSIDE LEG (Inches)	
UK SHOE SIZE - No Half Sizes	

Take accurate body measurements. Measure over normal undergarments or thin clothing. Hold tape measure comfortably snug, but not tight. Use the following as a guide:



NECK: not required

CHEST: measure the chest at the fullest part, placing the tape close up under the arms

WAIST: measure the natural waistline

INSIDE LEG: measure from the crotch to where your trouser is normally worn on the shoe

SHOE SIZE: No ½ Sizes available

Please sign to confirm all Measurements are Accurate at time of Submission

Staff Signature: _____

Date measurements taken: _____